

SIT30816 CERTIFICATE III IN COMMERCIAL COOKERY

Study With Axial Training To Get The Skills and Succeed



Axial's SIT30816 Certificate III in Commercial Cookery is a qualification reflecting the role of commercial cooks who use a wide range of cookery skills and sound knowledge of kitchen operations to prepare food and menu items. Using discretion and judgement, they work with some independence and under limited supervision using plans, policies and procedures to guide work activities.

This apprenticeship is for those who want to become qualified cooks acquiring the skills and knowledge needed to operate as a trade cook in a commercial kitchen environment. Theoretical and practical skills will be developed for the hygienic preparation and service of a range of meals in a professional manner.

Study Mode	Workplace & Online
Duration of Course	Up to 36 Months
Total Units	25 [21 Core & 4 Elective]



Entry Requirements



Minimum Age

You will need to be at least 16 years old. If you are under 18 your enrolment form will need to be signed by a parent or guardian.



Requirements

You will need to have access to a Lap Top or Desk Top Computer with working speakers or headphones and a suitable, reliable internet connection.



Career Outcomes

Cook

Commercial Cook

Banquet Cook

Café Cook

Bistro Cook







Empowering Lifelong Learning



Pathways To Further Study

Certificate III in Patisserie

Certificate III in Catering Operations

Certificate III in Baking

Certificate IV in Commercial Cookery

Course Units

Core:

BSBSUS201 Participate in environmentally sustainable work practices

BSBWOR203 Work effectively with others

SITHCCC001 Use food preparation equipment

SITHCCC005 Prepare dishes using basic methods of cookery

SITHCCC006 Prepare appetisers and salads SITHCCC007 Prepare stocks, sauces and soups

SITHCCC008 Prepare vegetable, fruit, egg and farinaceous dishes

SITHCCC012 Prepare poultry dishes SITHCCC013 Prepare seafood dishes SITHCCC014 Prepare meat dishes

SITHCCC018 Prepare food to meet special dietary requirements

SITHCCC019 Produce cakes, pastries and breads

SITHCCC020 Work effectively as a cook

SITHKOP001 Clean kitchen premises and equipment

SITHKOP002 Plan and cost basic menus

SITHPAT006 Produce desserts

SITXFSA001 Use hygienic practices for food safety SITXFSA002 Participate in safe food handling practices

SITXHRM001 Coach others in job skills

SITXINV002 Maintain the quality of perishable items SITXWHS001 Participate in safe work practices

Elective:

SITHCCC003 Prepare and present sandwiches BSBCMM201 Communicate in the workplace SITXMGT001 Monitor Work Operations

SITXCOM002 Show social and cultural sensitivity

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